



- **BENEFITS OF *Elite***
- Members of CareMedica Elite are entitled to a wide range of advanced medical benefits not available with traditional primary care — some of which are listed below.

PRIVATE ACCESS TO YOUR DOCTOR

- ✓ **UNLIMITED APPOINTMENTS** with your doctor without ever needing to schedule far in advance or worry about whether you can be seen
- ✓ **PRIVATE LINES OF COMMUNICATION** with your doctor (text, phone, email, telehealth) guaranteeing immediate medical attention with no wait times
- ✓ **EXECUTIVE CLINICAL CONCIERGE** available around the clock to assist with appointment coordination, prescription refills, and other healthcare needs
- ✓ **LONGER APPOINTMENTS** without waiting to be seen or feeling as though you're being rushed - there are no limitations on appointment times
- ✓ **STRESS-FREE ENVIRONMENT** with a private medical lounge and exclusive access to state-of-the-art medical facilities in both Connecticut and Florida.
- ✓ **EXPEDITED REFERRALS** with CareMedica Elite's extensive network of trusted local and international medical specialists and medical professionals
- ✓ **EMERGENCY & ACUTE** care coordination both domestically and internationally, providing you with top-line care anytime you travel or leave home
- ✓ **BELONG TO AN EXCLUSIVE COMMUNITY** of preferred patients who receive the highest level of personalized care, attention, and priority access

ADVANCED DIAGNOSTICS

- ✓ **TELOMERE GENETIC TESTING** to identify factors associated with greater chronic disease/cancer risks
**available to Platinum Members*
- ✓ **BONE DENSITY COMPOSITION ANALYSIS** with iDexa bone density scanning technology for osteopathic health optimization
- ✓ **HORMONE ASSESSMENT** to supervise and regulate hormonal imbalances in both men and women - hormonal treatments available via SottoPelle
- ✓ **TOTAL BODY MRI** for diagnostic imagery and prevention of cancer-related/unexpected conditions
- ✓ **NUTRITIONAL & WEIGHT PLANNING** provided by a professional Dietetic Technician (DTR) - custom nutritional planning tailored to members' lifestyles
- ✓ **PERSONALIZED HEALTH COACHING** with registered fitness and exercise coach - customized exercise plans to improve cardiovascular health
- ✓ **SKIN & AESTHETIC CONSULTATION** provided by a Dermacenter Specialist for dermal evaluation - members enjoy discount on skincare products
- ✓ **FOOD & ENVIRONMENTAL SENSITIVITY TESTING** to identify specific dietetic & environmental restrictions

AN *Elite* COMMUNITY THAT GOES BEYOND MEDICINE

- ✓ **CUSTOM VITAMINS & SUPPLEMENTS** personally recommended and tailored to meet your nutritive needs - members receive annual supply
- ✓ **MEMBERSHIP CARD** w/ special discounts & rates at local restaurants, fitness clubs and other health-related businesses
- ✓ **EDUCATIONAL WEBINARS** presented by medical specialists hailing from a variety of domains to keep members informed
- ✓ **LIFESTYLE TRAVEL PACKAGES** offering domestic and international travel packages for members and their close friends/family
- ✓ **SEASONAL COMMUNITY OUTINGS** reserved for members of CareMedica Elite to meet and mingle at local function halls & venues